

SRE Year 6 programme of study

Session 1 and 2:

Pupils learn what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships

Pupils

- can identify positive qualities and expectations from a variety of relationships
- can explain the similarities and differences between friendships and intimate relationships
- can describe that there are different types of intimate relationships, including marriage
- understand that sex or making love may be one part of an intimate relationship between adults
- understand the meaning of consent and what this looks like.

Session 3:

Pupils learn to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact

- Pupils understand how our attitudes and values about gender and sexuality may be affected by factors such as religion and culture
- can recognise and challenge gender stereotypes
- understand how media messages affect attitudes,
- can cause inequality of opportunity and affect behaviour

Session 4 and 5 (additional recap on puberty and menstruation from learning in Year 4):

Pupils learn about the changes that occur during puberty

- Pupils can identify the physical, emotional and behavioural changes that occur during puberty for both males and females
- understand that puberty is individual and can occur any time between 8-17
- understand that body changes at puberty are a preparation for sexual maturity

Pupils learn about human reproduction in the context of the human lifecycle

- Pupils understand that sexuality is expressed in a variety of ways between consenting adults
- know that sexual intercourse may be one part of a sexual relationship
- can describe how babies are made and explain how sexual intercourse is related to conception
- can name the male and female sex cells and reproductive organs

Pupils learn how a baby is made and grows (conception and pregnancy)

- Pupils know the male and female body parts associated with conception and pregnancy
- can define conception and understand the importance of implantation in the womb
- know what pregnancy is, where it occurs and how long it takes

Sessions 5 and 6

Pupils learn about roles and responsibilities of carers and parents

- ● can identify some of skills and qualities needed to be parent and carer
- ● understand the variety of ways in which parents and carers meet the needs to be a parent and carers meet the needs of babies and children
- ● can recognise that both men and women can take on these roles and responsibilities

Pupils learn to answer each others questions about sex and relationships with confidence, where to find support and advice when they need it

- ● can answer their own questions about sex and relationships
- ● can use appropriate language to discuss sex and relationships and growing up with confidence
- ● can identify sources of information, support and advice for children and young people