



Cubbington C of E Primary School P.E Newsletter

SPRING 2018

Dear Parents, Carers and Children,

Welcome to the Spring edition of our P.E newsletter. We have had an exciting term at Cubbington School with some fabulous achievements! Our lunchtime clubs and Marathon Kids have been very successful encouraging active lifestyles. These have been supported by our excellent Year 6 PE leaders and Bronze Sports Ambassadors.

The children across the school have also experienced a variety of sports being delivered by specialist sports coaches.

Exciting Coaching!

Jo Grove from **Element Yoga** has been in school this term delivering yoga sessions to the children in Years 3 and 4. The children have thoroughly enjoyed learning about their bodies; Jo based her lessons around the elements: fire, earth, air and water.

We had some fabulous **rugby coaching** from Troy Perkins during this term for Years 4 and 5. It was wonderful to see the children so enthusiastic to develop their rugby skills and they had a lot of fun at the same time. The children were also lucky enough to visit The Ricoh Arena in February and see the home of The Wasps, a great experience!

This is our fifth year involved in the Chance to Shine **cricket coaching** and festival. We had an inspiring assembly delivered by Danny Maskell introducing the younger children to the fun of cricket. Years 4 and 5 have enjoyed some great coaching this half term leading up to a festival in the summer term that takes place at Hunningham Cricket Club.

Cycling in Reception

This term the Reception children have had the amazing opportunity of a four week cycling course developing their skills on balance bikes. A great skill to be learning at this early age and it could be clearly seen how the children's confidence increased over the weeks.



Super cycling in The Wrens

Lunchtime Play Leader Training

Our School Sports Partnership Coordinator for the central area, Ali Knight, led the Play Leader training to all of the year 6 children this term. She taught the children how to lead games and sports at lunchtimes and how they can support the coaches running clubs so that all of the children have healthy active lunchtimes.

PE Apprentice – Adam Burley

We welcome Mr Adam Burley who has joined Cubbington CE Primary as a PE Apprentice. Mr Burley will be involved PE lessons across all year groups and also lunchtimes and clubs with the children.

Sport Relief Week

The children looked very sporty on Monday 17th March, the beginning of the Sport Relief week! Thank you for your very generous donations for Sport Relief, we raised £184. The children enjoyed the 'Daley Challenges' organised by the PE Crew and PE Ambassadors, one of the favourites was the football tricks and skills.



The PE Crew with KS1 and Football Skills

Change 4 Life Club

The children have thoroughly enjoyed the Change 4 Life club that we have been able to offer this term led by Alistair Banks. It has been wonderful to see the children getting active and having fun. I asked some children to comment on the club and this is what they had to say:
*Such amazing fun,
I have really liked the activities that we have been doing, running and dodging was great fun.*

Level 2 School Games competition - Dodgeball Years 3 and 4

On 7th February I took a keen group of children to North Leamington School to compete in a dodgeball competition. It was a very fast paced afternoon, the children played against twelve different teams and achieved fifth place. I was very proud of the children as did not give up even when faced with some difficult competition. Congratulations to Alice E, Harry, Caitlin, Leon, Callum, Christopher, Libby, Sylvie.



The fabulous dodgeball team!

Celebrating Children's Success

It is always wonderful to hear about sporting successes of children outside school and we were very proud to hear about Zoe S's swimming success in February. Zoe competed in the Warwickshire County Championships and achieved 10th place in the 200m breast stroke and in the 400m Freestyle (which is 8 lengths of the 50m pool!) she finished 5th in the county! A fabulous achievement!

At school the children have the opportunity to share their sporting achievements with the rest of the school at merit assemblies on a Thursday. We have enjoyed seeing the many sporting achievements and also the diverse range of sports that the children are involved in. Please continue to pass any information to either myself or to the office and we would love to include it in our next newsletter and put information on our school P.E board.

Thank you in advance for supporting our clubs and keeping children motivated and enjoying sport.

Best regards,

Mrs Jackie Caress
